

## ESSPA SPA EXPERIENCES

ESSpa Experiences are truly special – for those in need of time alone, to strengthen a bond among friends, for business leaders to reward their associates and clients. Customized to your every whim, an ESSpa Spa Experience will take you to a place where the world is put on hold and your inner spirit is restored. Here health and harmony are rediscovered as exclusive, individualized ESSpa treatments transport you beyond mere luxury to complete nirvana.

### ESSPRIT PACKAGE ~ 2 ½ Hours. \$200

The ESSprit is our “spa sampler” package. Includes a quick-fix from every spa group - a Petite Facial; 30 minute Swedish Massage; Classic Pedicure & Classic Manicure. Best choice for a group party.

### ESSENTIAL PACKAGE ~ 3 ½ Hours. \$250

The ESSential includes three luxurious full-service spa treatments: our Traditional European Facial, Ultimate Signature Manicure & Ultimate Signature Pedicure. *Add a champagne lunch for only \$30.*

### ESQUIRE PACKAGE ~ 4 Hours. \$275

Good grooming boosts confidence and closes deals. Includes a 60 minute Deep Tissue Massage; Gentleman’s Organic Facial; Men’s Manicure & Ultimate Pedicure. *Add complete lunch for only \$25.*

### EXCELLENCE PACKAGE ~ 4½ Hours. \$300

Includes full-size services from each spa category - a Traditional European Facial; 60 minute Swedish Massage; Hungarian Spa Pedicure & Manicure. *This package includes champagne & lunch.*

### ESCAPE PACKAGE ~ 5 Hours. \$375

The ESScape includes a One-Hour Swedish Massage; a Traditional Salt Glow; The Ultimate Signature Facial; and concludes with our Hungarian Spa Manicure. Escape stress and recharge your batteries with some quality “me” time. *Add champagne & lunch for \$30.*

### ESTATE PACKAGE ~ 6 Hours. \$475

A series of treatments to rejuvenate both the mind and body. Includes Detoxifying Mud Wrap; 60 minute Stone or Sports Massage; Steaming Oxygen Facial; Ultimate Signature Manicure and Ultimate Signature Pedicure. *Add champagne & lunch for \$30.*

### EXQUISITE PACKAGE ~ 7 Hours. \$600

The Ultimate Spa Experience. Your pampering begins with our Ultimate Signature Facial. Includes 90 minute Stone Massage; European Body Polish; Ultimate Signature Manicure; Ultimate Signature Pedicure; Complete MakeUp Lesson. *Lunch is included*

## ESSPA WELLNESS CLUB

You & your family can enjoy over 100 ESSpa Spa treatments FREE for an entire year. ESSpa Wellness Club Members will also receive exclusive discounts & special offers at area restaurants. It is the best way to restore and maintain your total body health.

Eva’s Monthly Makeover	~ \$1,999 per year
Individual ESSpa Wellness Club	- Call for details
Family ESSpa Wellness Club	- Call for details
Corporate ESSpa Wellness Club	- Call for details

## ESSPA MESSAGES

From Traditional Western to Ancient Eastern Techniques, our Licensed Massage Therapists will help you overcome aches & pains.

### #1. TRADITIONAL SWEDISH MASSAGE

Our version of the most common of massage therapies. A gentle, relaxing full-body massage of long, relaxing strokes helps to melt away the stress as your body is readjusted to an even balance. Increased circulation + less tension = complete relaxation.

*60 minutes \$85. Other times are available.*

### #2. DEEP TISSUE / SPORTS MASSAGE

A therapeutic, firm massage designed to permeate surface tissues reaching deep into the musculature of the body. Recommended after golf, tennis or any strenuous workout (including the office).

*60 minutes \$95. Other times are available.*

### #3. HOT STONE MASSAGE

**SIMPLY AMAZING!** Heated volcanic stones are strategically worked deep into muscles, delivering intensely therapeutic heat that will melt stress, increase circulation & create total body relief

*60 minutes \$110. Other times are available.*

### #4. TRIGGER POINT MASSAGE

A very specialized pain-relief technique to reduce muscle spasms and cramping by locating & deactivating tender areas where muscles have been damaged or acquired a re-occurring spasm or ‘kink’ that worsens painfully when aggravated. The major result is reduced spasms and increased circulation into the affected area.

*60 minutes \$99. Other times are available.*

### #5. REFLEXOLOGY

Stimulation of specific meridian points based on the 12 energy channels that run throughout our bodies located in hands & feet.

*~ 30 minutes \$55 ~ 60 minutes \$85*

### #6. THE DUET MASSAGE

Enjoy our Signature Swedish Massage side-by-side with a friend, parent, husband or wife. Take time to bond together as 2 massage therapists work in the same room giving each a customized treatment. For romance, see our Dinner & Massage special below

*~ 60 minutes \$198. Other times are available.*

### #7. REIKI MASSAGE

Our Asian-trained Reiki Masters will help balance your mind and body using a wonderful combination of energy work and traditional “laying of hands”. Feel the heat and energy flow from the therapist to you in an experience that you will not soon forget

*~ 60 minutes \$115. Other times are available.*

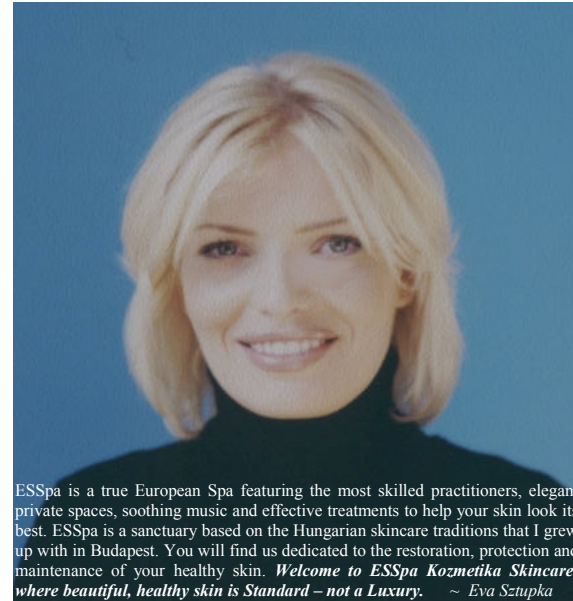
### #9. MATERNITY MASSAGE

Enjoy a gentle, relaxing massage specifically designed for the Mother-to-be (after 1<sup>st</sup> trimester only) Includes baby massage tips

*60 minutes \$105. Other times are available.*

### #10. DINNER AND MASSAGE ~ \$399

Romantic and relaxing. First enjoy a rejuvenating side-by-side Duet Massage. Then enjoy a sumptuous gourmet dinner for two complete with all the trimmings and fine Champagne. At evening’s end, we send you on your way with a dozen red roses.



ESSpa is a true European Spa featuring the most skilled practitioners, elegant private spaces, soothing music and effective treatments to help your skin look its best. ESSpa is a sanctuary based on the Hungarian skincare traditions that I grew up with in Budapest. You will find us dedicated to the restoration, protection and maintenance of your healthy skin. *Welcome to ESSpa Kozmetika Skincare, where beautiful, healthy skin is Standard – not a Luxury.* ~ Eva Sztupka

**Reservations** - are subject to availability. We recommend that you book your spa treatment/services at least 3-4 weeks in advance so that we can meet your scheduling requests. A valid credit card is required to guarantee your reservation at the time of booking. We request that children under 16 be accompanied by an adult. Groups are welcome.

**Cancellation Policy** – As a courtesy to our staff and clients, if you must cancel or reschedule, please call us *at least 24 hours* before your scheduled appointment time to avoid being charged a cancellation fee. *No-Shows will be charged the full value of any missed services.*

**Check In** - Please arrive 10 minutes prior to your appointment so you may relax and prepare for your treatment. Robes, Slippers, Towels and bath items are available for the convenience of our spa guests. In consideration of all Spa guests, late arrivals may receive an abbreviated service and still be charged the scheduled service price.

**Gift Certificates** - ESSpa Gift Cards are perfect for any event, special occasion or thank you. Gift Cards can be used to purchase services, packages, or a variety of ESSpa products. Cards are not refundable but are transferable. Prices may be higher when redeeming a Card than at the time the Card was purchased. Coupons, discounts & EvaSaver Specials cannot be used when paying with Gift Cards.

#### Cellular Phones & Tobacco

To preserve our tranquil setting & make the ESSpa experience relaxing & enjoyable – *NO* cell phone and/or tobacco use is allowed.

PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE

**Gratuities** – Gratuities are not included in our treatment or package prices. For your convenience, envelopes are available at the desk. *Please note that we cannot take gratuities by credit or gift card.*

17 Brilliant Avenue – Aspinwall, PA  
Open Monday thru Saturday 9am – 8pm. Sunday 11am – 5pm

Call 412-782-3888 ~ ESSPA.com



ESSPA KOZMETIKA  
ORGANIC SPA & SKIN CARE

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Open Tuesday thru Saturday 9am – 8pm.  
Sunday 11am – 5pm. Monday 10am – 8pm.

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rev 7.1.2010

## ESSPA BODY TREATMENTS

All ESSpa Body Wraps include a 15 minute session in our FIR Sauna. Additional sessions are available for only \$10 per 15 minute increment

### **STEAMING GREENS BODY WRAP ~ \$150**

Phyto-rich clays from ancient sea beds provides an impressive assortment of rare minerals including calcium, iron, magnesium, potassium, sulfur, manganese, and silica in addition to an array of trace elements to increase the absorption of key nutrients essential to total body health. We encourage you to add a gentle massage after your wrap to “feed” your skin with soothing nutrients, creating silky soft skin.

### **HOT CHOCOLATE BODY WRAP ~ \$150**

Chocolate has been used by Central Americans to treat fever and coughs, and by 19<sup>th</sup> century eclectics who used chocolate butter (cocoa butter) to dress wounds and treat asthma. Packed with antioxidants from pure cocoa, our chocolate body wrap cleanses & moisturizes the skin, increases lymphatic flow and provides essential nutrients. Oxygenate your tissues and feed your body. A healthy indulgence with 0 calories!

### **DETOXIFYING STEAM RITUAL ~ \$175**

The stimulating action of cinnamon and paprika mixed with carrots, calendula and bioflavonoids increases blood circulation to detoxify tissues and reduce cellulite. For best results add body polishing for \$40. Don't shower after and drink lots of water.

### **BODY POLISHING SALT GLOW ~ \$99**

We take nutrient rich Dendritic salts mined from ancient sea beds and mix with trace minerals, fruits and essential oils full of rejuvenating vitamins to cleanse and nourish thirsty skin. An important treatment in restoring & maintaining your total body health

### **MESSAGE & BODY POLISH ~ From \$150**

Combine these two wonderful treatments to give your body a beautiful boost. Start with our exfoliating organic sugar scrub and then enjoy a relaxing 30 minute Swedish massage to deliver soothing relief to tired muscles and rehydrate dry, thirsty skin.

## WAXING & HAIR REMOVAL

Eva's Eyebrow Shaping	\$25
Lip, Chin or Sideburns (each)	\$18 & up
Underarm	\$29 & up
Half Arm	\$39 & up
Full Arm	\$50 & up
Half Leg	\$50 & up
Full Leg	\$70 & up
Classic Bikini	\$40 & up
Brazilian Bikini	\$80 & up
Back or Chest	\$75 & up

## XTREME LASHES & MAKEUP

Most Spas treat this as an afterthought. At ESSpa, makeup is Eva's forte! Radiant colors and pure mineral ingredients help keep skin healthy and looking fantastic.

ESSential Make Up Application	\$100
Eyelash Tinting	\$29
Eyebrow Tinting	\$25

Xtreme Lashes™ are a revolutionary new product that will provide longer, thicker, luscious and natural looking eyelashes. Xtreme Lashes™ are not traditional fake eyelashes - they are semi-permanent, extremely light weight extensions that are applied directly to each individual eyelash. A complete set should last up to 60 days with touch-ups every 4 weeks.

Xtreme Lashes (includes 1<sup>st</sup> touch up, \$50 Deposit Req.) \$400

## ESSPA WEDDING PROGRAM

ESSpa knows how important your wedding day is. We recommend the following to ensure your beautiful mind, body and soul. Let our personal spa assistants arrange a very special Bridal Shower, Bachelorette Party, or time for Mother & Daughter.

### **One - Two Months Before Wedding:**

Begin Series of European Facials, Massage Therapy and Makeup Trial Application

### **Wedding Day:**

Traditional Swedish Massage. Spa Manicure & Pedicure. Complete Makeup.

## **On-SITE PROFESSIONAL MAKEUP ARTIST**

**3 person minimum. Please call 412.782.3888 for details**

## ESSPA MANICURES

### **ULTIMATE SIGNATURE MANICURE ~ \$55**

This is a lavish manicure. Nails are professionally clipped, shaped and buffed, and cuticles are conditioned. Includes a forearm and hand massage, followed by an exfoliating scrub and moisturizing paraffin bath with warm mitts. Then dress your perfect nails with polish of your choice.

### **HUNAGIRAN SPA MANICURE ~ \$35**

Nails will be professionally clipped, shaped and buffed, with special attention to your cuticles. A soothing paraffin bath will release tension and stress commonly found in the hands. Top it off with the latest color polish.

### **FRENCH SPA MANICURE ~ \$45**

Understated Beauty. For a more conservative European finish, our Classic Manicure is finished with traditional French look in your choice of polish.

### **POLISH RENEWAL ~ \$20**

Update your nails with the latest color or let our specialists create some art

## ESSPA PEDICURES

### **ULTIMATE SIGNATURE PEDICURE ~ \$90**

Beyond traditional, this treatment begins with a steaming foot soak in a hand-hammered copper tub. Then comes an exfoliating leg and foot massage followed with a warming mask to lock in moisture and nutrients and guaranteed to make feet smooth, supple and refreshed. Trim & Polish.

### **HUNGARIAN SPA PEDICURE ~ \$59**

Includes a softening fizzing foot soak; a moisturizing foot massage; callous removal and rejuvenating paraffin bath to rehydrate sore feet. Nails are then trimmed, shaped & buffed and finished with your choice of polish.

### **TOE-POLISH CHANGE ~ \$25**

Have some fun with your feet and update your nails with the latest color or go crazy and upgrade with our Beachy Keen Popsicle Toes.

## NAILS FOR MALES

### **GENTLEMAN'S MANICURE ~ \$29**

A gentleman's version of our Classic Manicure. The first thing that women look at in a man are his hands. Make an immediate good first impression and show everyone how well-groomed you are. When complete, your nails are buffed to a smooth, clean finish.

### **GENTLEMAN'S PEDICURE ~ \$49**

Work or Play – most guys don't take proper care of their feet. Take a step towards healthier feet with a Spa Pedicure designed for a true gentleman. This incredibly relaxing treat will also help relieve odor, fungus and stress. Great service for diabetics.

## SIGNATURE NAIL SERVICES

### **POPSICLE MANICURE ~ \$59**

After nails are trimmed and shaped we apply a different summer "Popsicle" color to each nail creating a beach perfect look. Opt for the "French Popsicle" upgrade and add a contrasting color to the tip of each nail. (Have a Popsicle Pedicure ~ \$99)

### **LOUBOUTIN FRENCH MANI ~ \$65**

Inspired by the famous Louboutin red sole, comes this most unique “French” Manicure with a rich red UNDER the nail. Cheaper than a pair of heels but you do need long nails

### **MOJITOS PEDICURE ~ \$99**

Feet are soaked in a steaming, deodorizing concoction of zinc, fresh lime slices, essential citrus oils, muddled mint and a splash of rum allowing the sugars and fruit acids in the rum to act as a softening agent and the lime, zinc, mint & oils to disinfect.

## FACIAL TREATMENTS

ESSpa Facial Treatments are different than anything you have ever experienced. They are specifically designed to achieve noticeable improvements in your complexion. Eva insists on only the finest products and advanced techniques for every client. You will notice the best results when you commit to a series of treatments and use an ESSpa home product regime.

### **TRADITIONAL EUROPEAN FACIAL ~ \$95**

This Hungarian Classic will leave you glowing. Our original facial customized to address each individual's skin type. Includes cleansing; exfoliation; deep pore extraction; facial massage with steam; and therapeutic masks to dramatically improve skin health

### **PROBLEM SKIN / ACNE FACIAL ~ \$120**

We identify and specifically address the underlying cause of the problem rather than simply concealing it. Antioxidants & natural ingredients from Hungary combine to help enrich and regenerate epidermal layers while soothing and calming sensitive skin.

### **EUROPEAN EXPRESS FACIAL ~ \$79**

The Facial for those on the fly. This is a quick, easy way to look refreshed and ready to go. Combine this facial with our MakeUp Application (only \$50) and start your morning (or evening) right.

### **GENTLEMAN'S FACIAL ~ \$89**

Entertainers, Athletes, Business Tycoons and True Gentlemen all understand that one of the secrets to their success is to spend some quality time on themselves and to let a professional help them look great. Make arrangements today and let ESSpa show you how to take proper care of your skin with this Traditional European facial customized specifically for a gentleman's skin.

## ESSPA POWER FACIALS

### **MICRODERMABRASION — MEGAPEEL**

Our self-contained, medical-grade MegaPEEL Dermabrasion System is the premier non-surgical skin-resurfacing treatment for all skin types. In minutes fine lines, wrinkles, scars, blemishes and acne will be blown away.

Facial Treatment \$149 Series of 4 \$399

### **THE BIODYNAMIC ORGANIC FACIAL**

Pure, unrefined plant extracts and mineral water contain essential fatty acids, proteins, glycerides, polyphenols, manganese, phosphorus, potassium & vitamins. Very real, very visible anti-oxidant results from the combination of moisturizing lipids to plump and firm skin, while Cinnamon and other elements stimulate healthy cell growth and renewal.

Single Treatment - \$160 Series of 4 - \$425

### **POWER PAPRIKA PEEL FACIAL**

A stimulating experience using real Hungarian paprika, wild plum and apricot in products so fresh you can see the fresh fruit pulp, seeds and smell the fresh herbs. Includes cleansing, exfoliation, masque and a relaxing facial massage to smooth fine lines and relax both mind and body.

Single Treatment - \$180 Series of 4 - \$450

### **MICROSONIC SKIN SCRUB TREATMENT**

Our non-immunogenic, preservative-free, bio-compatible formulas are infused into the skin using ultrasonic technology at 24,000 hz/sec. For all seeking to prevent and repair their skin from aging, sun damage, discolorations, and acne scarring. Regular use boosts skin's own collagen integrity, to make it appear plumper, smoother, and more youthful.

Single Treatment - \$99 Add to Facial - \$59

## ESSPA SIGNATURE FACIALS

Our Signature Facial Treatments are carefully selected to provide you with the most effective skincare treatment that is at once rejuvenating and relaxing. Distilled from hundreds of years of traditional methods passed down from generation to generation combined with 21<sup>st</sup> Century science, the result is how wonderful you will look afterwards. Please ask about your Skinscription

### **GET MOORE FACIAL ~ \$300**

This is the facial treatment that Eva gave A-List Actress Julianne Moore on a weekly basis in the Spring of 2008. It includes everything that you could possibly ask for in order to return (or maintain) your face to its original, youthful perfection using a combination of concentrated organic ingredients and advanced science to create a powerful, “made-to-order” skin treatment.

### **EVA'S SIGNATURE FACIAL ~ \$200**

This might just be the most complete and personalized facial you will ever have. Traditional European Facial plus an exfoliating back facial; a soothing arm, hand & foot massage; and your choice of an eyebrow arch or eyelash tinting. This is simply the ultimate facial.

### **ORGANIC CHAMPAGNE FACIAL ~ \$180**

Does your face need a complete overhaul? This facial is customized based on the individual guest's desired outcome and skin care challenges. All options will be discussed during a thorough consultation with your skin care therapist at appointment time. Skin analysis, Cleansing, toning, rejuvenating steam, exfoliation, extractions (as needed), massage, masquing, moisturizing, serums and special attention to the orbital (eye) area are included.

### **THERMAL OXYGEN FACIAL ~ \$140**

Today's harsh environment deprives your skin of the oxygen it needs to function properly. Originally designed to help burn victims heal faster, we use the only Oxygen System clinically proven to deliver oxygen, water & other nutrients at the cellular level. Helps to remove toxic pollutants, improves circulation and restore tired skin.

### **ANTIOXIDANT PORE-DRAW FACIAL ~ \$130**

Voted “the best facial in the world” by The London Times, this is the treatment that many well-know celebrities start with and continue with until their skin is balanced and clear of major congestion. Enjoyed regularly by the Jennifer Aniston and other A-listers, to ensure that they have clean and bright complexions.

### **SKIN PEEL / ACID ADD-ON ~ \$80**

We use natural Fruit Acids to exfoliate the epidermis and stimulate cellular activity to supercharge the effectiveness of your ESSpa Facial Treatment. After a careful and interactive consultation, your therapist will determine the appropriate strength for your skin type.

## ESSPA MAKEUP BOUTIQUE

ESSpa invites you to browse the always exciting and ever-changing array of colors, blushes, shadows, lines, brushes and bags available exclusively at our MakeUp ESSentials Boutique. Of course, all our exclusive skincare products are also available for retail sale.

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